Ssirum, Traditional Sport of Korea

The Korean nation has created and developed many folk games and traditional sports which suit their physical constitution and sentiments since long time ago.

Among them is ssirum (Korean-style wrestling).

It has something in common with wrestling of other countries as in both the sports two people strive to throw each other to the ground using strength, hands and skills. But *ssirum* players wear a strip of cloth bound round their left thigh—this is special feature peculiar to it.

On November 26, 2018, *ssirum* was registered as an intangible cultural heritage element at the 13th Session of the Intergovernmental Committee for the Safeguarding of the Intangible Cultural Heritage of the UNESCO.



 $\it Ssirum$ by Kim Hong Do, a famous painter of Korea in the 18^{th} century





