

## **Ryonggang Hot Spring**

The Ryonggang hot spring, the only hot spring of sea water in Korea, is in Onchon County in the city of Nampho, not far away from Pyongyang, the capital city of the Democratic People's Republic of Korea.

The total content of minerals of the natural monument is 24-26g/L, which is the largest of the mineral springs and waters in Korea in terms of mineral content.

It also contains brome ion.

The radon gas content of 175Bq/L, effective for treatment of diseases, does not affect the human body even though you bathe or wade in the water for a long time.

The water is slightly alkaline and its temperature is 55°C. It is efficacious for treating high blood pressure, arthritis, neuralgia, lumbago, sequela of operation, gynecological disorders, chronic gastritis, chronic enterocolitis, eczema and skin itching.

Situated in a thick forest, the resort has several buildings for lodging and boarding and a public bath, where you can enjoy high-pressure water bath, massage, colonic irrigation, traction and beauty treatment, etc. In the resort of a unique architectural style, you can enjoy sports, recreational and other cultural and leisure activities.



People enjoying themselves at the Ryonggang Hot Spring Resort



Lodgings in the resort

